



2023 FOUNDATION + COMMUNITY GIVING

Supporting the places we call home

In 2023, Medica contributed \$6 million in funding overall through our Medica Foundation and Community Giving program. This funding, in addition to the thousands of employee volunteer hours donated, reflects our commitment to the communities where we live and work.

Our support increases the capacity of organizations across our service area. We are proud of our community engagement and will continue to invest in organizations and leaders who make a difference.



Access to healthy food

Medica invested \$500,000 to support organizations that address food and nutrition security across our service area. In addition, nearly 1,000 employees volunteered their time to support food initiatives.



Mental health advocacy

Medica employees participated in and volunteered at three events in support of the National Alliance on Mental Illness (NAMI) across our footprint. NAMI has been a strong community partner of Medica for nearly 20 years.



Promoting health and wellbeing

Medica encourages healthy lifestyles for employees and the overall community. To reflect this priority we sponsored marathons across our service area - the Twin Cities Marathon (MN), Madison Marathon (WI), and Lincoln Marathon (NE).



Minnesota giving

Investing over \$3 million in Minnesota communities.

Uplifting our mental health providers

Hennepin County, mental health providers, school districts, and caregivers are initiating a training program to improve the skills, capacity and retention of both community employed and school employed mental health professionals working in schools. This effort comes at a time when the mental health needs of our youth have never been higher, and when 75% of students who receive mental health services are receiving them in schools.

Supporting maternal health equity

The only organization of its kind in the region, *Mewinzha Ondaadiziike Wiigaming* braids western and Anishinaabe knowledge of health and wellness into an integrated health bundle of care. *Mewinzha* is a gathering space for relatives to connect with holistic maternal wellness, childbirth, and early childhood health. Now, with newly added clinical services, this Anishinaabe, women-led nonprofit will provide a range of community-based postpartum support in Bemidji and surrounding areas.

Supporting the dental needs of children

Sawtooth Mountain Clinic and its *Oral Health Task Force* provide dental care and education to residents of Cook County and members of the Grand Portage Reservation, regardless of their ability to pay. They are partnering with the University of Minnesota - Duluth to provide culturally specific oral health education for children through booklets written in the Ojibwe language.

Building the health care workforce

Realtime Talent is partnering with long-term care facilities to implement co-designed solutions to build a stronger and more efficient talent pipeline for Certified Nursing Assistants. Leveraging the US Chamber Foundation's Talent Pipeline Management® framework, the project will provide a holistic approach to Nursing Assistant training, interviews, contingent job offers, testing support, and wrap-around services. As a result, at least 60 new employees will be hired and retained based on best practices within the first year.

MINNESOTA INVESTMENTS: 2023

